



Youth II Module – Course Description

Introduction

- This course is designed for the parent/coach of Under 10 and Under 12 aged players

Objectives

- To prepare coaches to unlock the “game within the child”
- Provide a better understanding of the specific age characteristics and how to place players in age appropriate activities
- Gain understanding of developmental characteristics of children at this age

Length of Course

- 6 hours

Sample Schedule

9:00 AM	Youth II Module Course Introduction
9:15 AM	Lecture: Role of the Coach/Coaching responsibilities
10 AM	Lecture: Coaching the U-10 player Traits and Characteristics Field: Player Development Activities
12 Noon- 1 PM	Lunch
1 PM	Lecture: Team Management Care and Prevention of Injury
1:30 PM	Lecture: Coaching the U-12 player Traits and Characteristics Field: Player Development Activities
3:00	Program Summary and Q & A

Cost

- \$25.00 for a NCYSA Member/\$35.00 for a Non-member